

Term 2 2024

Monday 29th April - Friday 5th July

No Classes on Public Holidays:

Mon 3rd June and Fri 28th June

Please visit our website to register – spaces are limited

Website: www.mttauharagymnastics.co.nz

Email: office@mttauharagymnastics.co.nz

*Registration is required for school-aged classes only.

Pre-school and Saturday sessions are casual attendance*



MT. TAUHARA
Gymnastics



Pre-School Classes	0-5 Years Play Gym	Monday, Wednesday, and Friday 9:30 – 10:30am & Saturday 9.15 - 10.15am (this session continues during school holidays)	Our Play Gym classes are all 100% child lead (caregivers must be present with the children in their care). Our coach will have the gymnasium set up with new and exciting things each week to challenge your little gymnast(s) and support them to improve all their developing motor skills.	\$7 per session per child \$63, 10 Session Concession Card
	3-5 Years Beginner Recreation	Tuesday 11am - 12pm	A class for 3 - 5 year olds. The first half of the class will be coach lead with parent assisting, following a fun based programme. The second half is free play.	*No booking required
Saturday Kids Fun Classes	0-12 Years Kids Family Fun Session	Saturday 10:30 -11:30am (this session continues during school holidays)	Free play fun for all members of the family to play together in the gym. The aim of this session is to be child led, for your gymnast to learn and challenge themselves on the equipment in the gymnasium (caregivers must be present with the children in their care for the duration of the session).	\$7 per session per child \$63, 10 Session Concession Card *No booking required
Recreational Gymnastics Classes	5-8 Years Beginner Recreation	Tuesday 3:30 - 4:30pm	Our beginner classes are suitable for all children between the ages of 5 and 8 years. This class focuses on basic gymnastic skills, movement awareness and fundamental movement patterns in a fun way to “have a go”.	\$135 per term
	5-8 Years Advanced Recreation	Wednesday 3:30 -4:30pm	Advanced Rec is for those wishing to progress their skills into “real gym” with harder training but still with a focus on fun. Recreational competition participation possible.	\$135 per term
	8+ Years Beginner Recreation	Tuesday 3:30 - 4:30pm	Beginner classes are for fun and fitness within the gym environment for those over 8. Gymnasts learn the basic fundamentals of movement and strength in a relaxed manner.	\$135 per term
	8+ Years Advanced Recreation	Wednesday 4:30 – 5:30pm	Advanced Rec is for those 8+ who wish to learn more technical moves with a view to participating in recreational competitions if desired. Harder training and higher expectations of gymnast’s conduct.	\$135 per term
	5-9 Years Boys Only Recreation	Thursday 3:30 - 4:30pm	This class is for boys who are keen to learn the male apparatus in gymnastics and is a gateway to competitive program’s for boys. It is a fun, boys only class with lots of high energy.	\$135 per term
Tumbling Classes	8+ Years Beginner/ Intermediate Tumbling	Monday 4:30 – 5:30pm	This class is for tumblers who would like to learn or progress their skills of tumbling and the double mini trampoline.	\$121.50 per term (No class 3/6/24 Public Holiday)
	8+ Years Advanced Tumbling	Monday 5:30 – 6:30pm	Advanced Tumbling is for those confident tumblers who are looking for their next challenge, and to critique their skills.	\$121.50 per term (No class 3/6/24 Public Holiday)
Casual Classes	14+ Years Open Gym	Wednesday 6:30 – 7:30pm	For all individuals 14 years and above. This class is athlete led; progress is at your own pace on the skill/apparatus that interest you. A coach is available, but there is no structured lesson.	\$10 per session *No booking required