

# Term 4 2024

Monday 14th of October- Friday 13th of December

\*No classes Monday 28th October - Labor Day\*

Please visit our website to register – spaces are limited

Website: [www.mttauharagymnastics.co.nz](http://www.mttauharagymnastics.co.nz)

Email: [office@mttauharagymnastics.co.nz](mailto:office@mttauharagymnastics.co.nz)

\*Registration is now also required for play gym and family fun classes, however you do not need to book in advance\*



Pre-School Free Play sessions	0-4 Years Play Gym	Mondays, Wednesdays and Fridays 9:30 – 10:30am & Saturdays 9.15 - 10.15am (this session continues during school holidays)	Our Play Gym classes are all 100% child led (caregivers must be present with the children in their care). Our coach will have the gymnasium set up with new and exciting things each week to challenge your little gymnast(s) and support them to improve all their developing motor skills.	\$7 per session per child  \$63, 10 Session Concession Card  *No booking required
Saturday Kids Fun Free Play session	0-12 Years Kids Family Fun Session	Saturday 10:30 -11:30am (this session continues during school holidays)	Free play fun for all members of the family to play together in the gym. The aim of this session is to be child led, for your gymnast to learn and challenge themselves on the equipment in the gymnasium (caregivers must be present with the children in their care for the duration of the session).	\$7 per session per child  \$63, 10 Session Concession Card  *No booking required
Pre-School Classes	3-4 Years Mini Gym	Tuesday 11am-12pm	A class for 3 - 4 year olds. The first half of the class will be coach led with parent assisting, following a fun based programme. The second half is free play.	\$100 per tem
Recreational Gymnastics Classes	5-7 Years Recreation	Monday OR Tuesday OR Wednesday 3:30 - 4:30pm	These classes are suitable for all children between the ages of 5 and 7 years. This class focuses on basic gymnastic skills, movement awareness and fundamental movement patterns in a fun way to “have a go”.	\$135 per term
	8+ Years Recreation	Tuesday 3:30 - 4:30pm	This class is for fun and fitness within the gym environment for those over 8. Gymnasts learn the basic fundamentals of movement and strength in a relaxed manner.	\$135 per term
	Advanced Recreation	Wednesday 4:30 -5:30pm	Advanced Rec is for those wishing to progress their skills into “real gym” with harder training but still with a focus on fun. This class is a pathway for competitive programs in the future via invitation only.	\$135 per term
	5-9 Years Boys Only Recreation	Thursday 3:30 - 4:30pm	This class is for boys who are keen to learn the male apparatus in gymnastics and is a gateway to competitive program’s for boys. It is a fun, boys only class with lots of high energy.	\$135 per term
Tumbling Classes	8+ Years Beginner/ Intermediate Tumbling	Monday 4.30– 5.30pm	This class is for tumblers who would like to learn or progress their skills of tumbling and the double mini trampoline.	\$135 per term
	8+ Years Advanced Tumbling	Monday 5.30 – 6.30pm	Advanced Tumbling is for those confident tumblers who are looking for their next challenge, and to critique their skills.	\$135 per term